

Curso:	7º básico
Asignatura:	Inglés
Docente:	Nayade León
Semana:	3
Unidad 1	Feelings and opinions
Objetivo de la clase:	Demostrar comprensión del texto “what makes you happy” usando estrategias de comprensión.
Habilidades	Leer / Escribir
Conocimiento	Vocabulario relativo a sentimientos. Palabras y frases de uso cotidiano Presente simple Palabras de pregunta: What? Where? How much? How many? When? Why?
Fecha de entrega	VIERNES 3 DE ABRIL al siguiente correo miss.nayade.leon@gmail.com

El propósito de la unidad 1 es que seas capaz de dar información personal, relatar rutinas y actividades diarias, gustos y preferencias y ampliarlos, incorporando nuevo vocabulario y funciones que te permitan hacer referencia a sus sentimientos y opiniones.

En la clase del día de hoy vas a utilizar estrategias para apoyar la comprensión de lectura que te ayudaran a entender un texto que habla de la felicidad.

Primero vamos a activar tus conocimientos, sentimientos y opiniones sobre este tema a través de preguntas personales.

I. ANSWER the following questions.

Así que comencemos respondiendo las siguientes preguntas

a) What does happiness mean to you?


.....

.....

b) Do you think money makes people feel happy? Why?

.....

.....

II.  Read the text and **ANSWER** the questions.

Antes de comenzar a leer subraya el vocabulario que no conoces en tu cuaderno y busca su significado. Luego, lee el texto completamente y contesta las siguientes preguntas:

WHAT MAKES YOU HAPPY?

You can't buy happiness, they say. What does it mean to be happy? Do money, family and fame bring us joy?

Generally, people who are satisfied with life think in a positive way, smile a lot and worry less. They control their emotions better, and they do not get angry so quickly. Happy people are more energetic and more productive. They also attract others. Unhappy people even sometimes scare others off, so they are often lonely. So what makes us satisfied with life?

MONEY



Experts say that having more money does not give us complete happiness. In the 70s, in the United States, they did some experiments on those who won a lot of money in lotteries. The researchers wanted to check their level of happiness – it turned out that they were no happier than the rest of the US population. Those who earn more money are often more frustrated, they sleep worse and their daily lives is more stressful.

However, researchers from the University of British Columbia proved that the rich have fewer reasons to feel unhappy and depressed. The results of their research showed that those whose financial situation was better felt less sadness in life because they also feel they have more control over their life, but it does not mean that they are happy.

FAMILY



Marriage makes us happy. Research done on Israeli students demonstrated that those who were married felt greater satisfaction with life, they slept better, and they rarely experienced depression. Another study proves it – researchers from Australia checked the happiness levels of couples who lived together without getting married. The results showed that their level of happiness was 4-12% lower than that of married couples.

The situation is not so clear when it comes to children. When a child is born, our level of happiness goes up. But young parents often argue. Later, they feel tired, they have to take care of the baby all the time, so their happiness level falls. Young parents' satisfaction is highest in Scandinavia – probably because of the help they get from their government.

ARE WE HAPPY NOW?



According to the *World Happiness Report 2016 Volume 1*, in 2013-2015 the happiest countries (out of 157 countries) were Denmark, Switzerland, Iceland, Norway and Finland. The least happy countries were Benin, Afghanistan, Togo, Syria and Burundi. Poland placed fifty-seventh in the ranking, so in the top half.

HOW TO BE HAPPY?

The easiest way is to find happiness in small things (a good dinner, a pleasant conversation with our neighbour), and take satisfaction in the things we already have. It is difficult to change our way of thinking but seeing positive things around us can help us change our mood for the better.

On the other hand, it has been shown that watching too much TV only makes us more anxious. So, instead of looking for the remote control, grab your trainers and go jogging!

a) Where your predictions correct?

b) What type of text did you read?

1. Narrative text. 2. Descriptive text. 3. Informative text.

III.  **READ** the text carefully and **ANSWER** True (T) or False (F).
JUSTIFY the false ones. 

Ahora vas a volver a leer el texto para determinar si las siguientes oraciones son verdaderas o falsas. Debes justificar las falsas, fíjate en mi ejemplo.

a) People who are satisfied with life think in a positive way, smile a lot and worry less. _____

b) Experts say that having more money gives us complete happiness. **F**


___ Experts say that having more money does not give us complete happiness _____

c) According to experts, people who earn more money are often less frustrated, and they sleep well. _____

d) Research done in Israel says that marriage people feel more satisfied and happier. _____

e) When a child is born, the levels of happiness go down. _____

f) According to the text, if you want to be happy you have to have a lot of money and be married. _____

IV. COMPLETE  the following diagram with information from the text.
Finalmente, completa el siguiente diagrama con la información del texto

